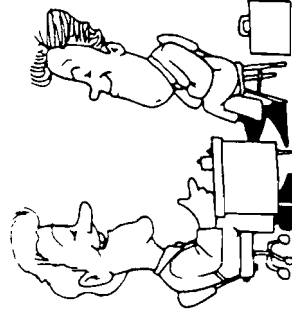


4 Core Styles of Self Characteristics with descriptions of the tendencies of each dimension

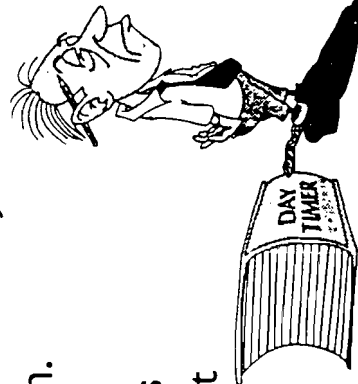
Sanguine, the Socializer,
needs fun and applause.



- | Strengths | Limitations |
|--|---|
| <ul style="list-style-type: none">• Risk-taker• Pursues change• Inspiring• Outgoing | <ul style="list-style-type: none">• Restless• Impatient• Reactive• Overbearing |

Direction: Work on organizational skills.

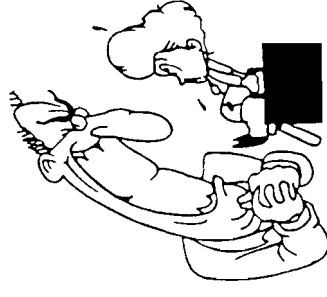
Melancholic, the Thinker,
needs order and perfection.



- | Strengths | Limitations |
|--|--|
| <ul style="list-style-type: none">• Thorough• Meticulous• Risk-avoider• Factual | <ul style="list-style-type: none">• Perfectionist• Withdrawn• Passive• Sullen |

Direction: Lighten up. Smell the roses.

Choleric, the Director,
needs results.



- | Strengths | Limitations |
|--|--|
| <ul style="list-style-type: none">• Organized• Ambitious• Goal-oriented• Dependable | <ul style="list-style-type: none">• Rigid• Unapproachable• Critical• Stubborn |

Direction: Be more sensitive, to other people's needs.

Phlegmatic, the Relator,
needs harmony and teamwork.

- | Strengths | Limitations |
|---|---|
| <ul style="list-style-type: none">• Caring• Sensitive• Peacemaker• Team-oriented | <ul style="list-style-type: none">• Too other-orientated• Hesitant• Indecisive• Subjective |

Direction: Work on being more assertive.

